

RECOMMENDED ADDICTION SPECIALISTS **Including for those with mental illness**

NAMI does not recommend or vouch for specific therapists, treatment centers or programs. This list is from recommendations made by attendees at our NAMI Support Group. I welcome your feedback to keep this list up-to-date.

Therapists:

- Shauna Alonge, LCSW, JD, MSW
712 West Broad St.
Falls Church, VA
(571) 999-6945
- George Young, LCSW
7620 Little River Turnpike #403
Annandale, VA
(703) 552-8182

<https://ncgenvision.com/about-envision/staff/63-george-young>

Good First Step: Aquila Recovery offers therapy as well as residential treatment and sober living homes. <https://www.aquilarecovery.com/>

Recovery Coach: Adrian Heizmann-Checa, Interventionist - works with substance abusers to help motivate recovery. www.recoveryguides.org

More intensive outpatient programs for SA

- Phoenix House on Glebe Rd
- INOVA Fairfax CATS Program

Residential Programs (Expensive, even if Insurance pays a portion)

- Ashley Treatment, Havre de Grace, MD, (800) 799-4673
- Mountainside Treatment Center, Canaan, CT, (860) 824-1397
- Black Bear Lodge, Sautee Nacoochee, GA
- La Hacienda, San Antonio, TX

Support Groups for Family Members

- Powerless Parents, part of Al-Anon. Meets Tuesday, 7:30 pm, Ravensworth Baptist Church, 5100 Ravensworth Road, Annandale, VA 22003. Check website before attending: <https://www.vaalanon.org/meetings/powerless-parents>
- Families Anonymous, a 12-step program for families and friends of those with drug, alcohol or related behavioral issues. <https://www.familiesanonymous.org/>